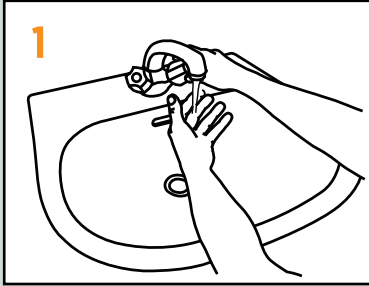


ANTISEPTIC HAND WASH TECHNIQUE

With Bactol 2% CHG SOLUTION

Duration of the entire procedure: 40-60 seconds



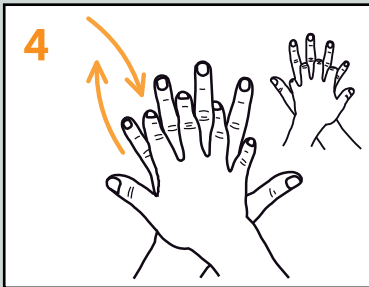
Wet hands with water



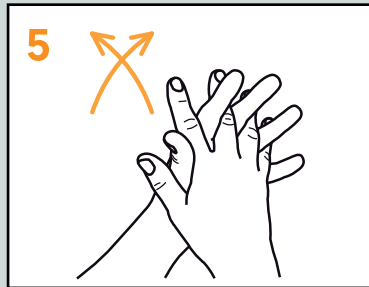
Apply 5ml [2-3 pumps]
onto wet hands



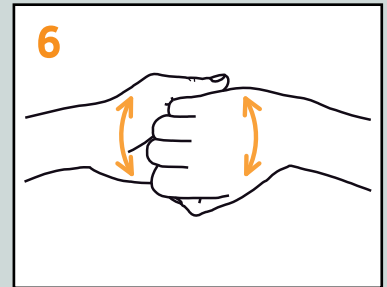
Rub hands palm to palm



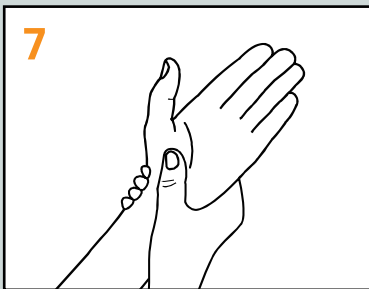
Right palm over left, paying
attention to back of hands



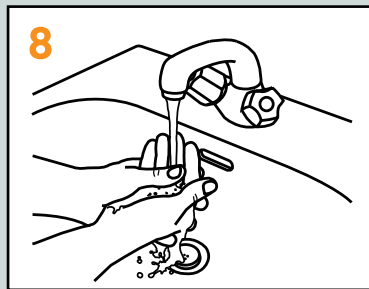
Palm to palm with
fingers interlaced



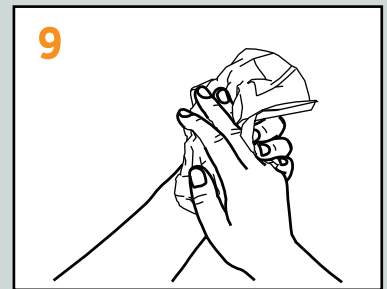
Backs of fingers with fingers
interlocked. Pay close
attention to nail and finger tips
and cleaning thumbs



Rub each wrist



Rinse hands thoroughly
with water. [Ensure you turn
of tap with elbow or use a
disposable paper towel]



Dry hands with disposable
towel or paper

**Images sourced from the World Health Organisation.*